

Clinical Practice in Nursing

Clinical Practice I

Clinical Practice II

Clinical Practice III

Clinical Practice I

Objective

To strengthen the theoretical knowledge and practical skills acquired during the first year of the study program. Patient care is integrated into the clinical placement, taking into account the basic needs of patients and clients, in accordance with the principles of professional ethics, nursing standards, and the first-year curriculum.

Knowledge

1. Understanding the provision and assessment of the basic needs of healthy and ill clients/patients.
2. The role and application of asepsis and antiseptics in practice.
3. Implementation of epidemiological protocols and prevention of nosocomial infections.
4. Addressing patient self-care deficits and ensuring the fulfillment of basic physiological needs.

Skills

1. Practical skills necessary to meet patients' basic physiological needs, including:
 - Prevention of nosocomial infections (NI)
 - Ensuring comfort and safety
 - Performing hygiene procedures
 - Changing bed linen
 - Feeding patients
 - Managing excretions and disinfection
 - Transporting patients in bed or within the facility, while respecting fundamental safety and ergonomic principles

Competences

1. Ability to meet the basic physiological needs of patients, including:
 - Infection prevention
 - Ensuring comfort and safety
 - Conducting hygiene procedures
 - Providing enteral nutrition
 - Safely transporting patients
 - Following occupational safety standards and ergonomic principles
 - Evaluating vital signs and applying first aid (ABC algorithm)
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Clinical Practice II

Objective

To integrate patient care and related procedures in accordance with professional standards, nursing ethics, and the knowledge, skills, and competencies acquired during the first year and third semester of the second year of study. To apply effective communication skills in the care of patients, their families, and collaboration with other healthcare team members. Practical activities are to be grounded in legal and ethical principles.

Knowledge

1. Understanding clinical procedures and care activities that meet patient needs.

Skills

1. Practical abilities in performing clinical procedures, including:
 - Enteral and parenteral medication administration
 - Sample collection for laboratory tests
 - Preparing patients for diagnostic and therapeutic procedures
 - Assisting in surgical interventions

Competences

1. Ability to act professionally by integrating theoretical and practical knowledge with personal and interpersonal skills.
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Clinical Practice III

Objective

To integrate patient care and related procedures in accordance with the professional standards of nursing, ethical guidelines, and the knowledge acquired during the first and second years of the study program. To apply effective communication skills in patient care, as well as collaborate with family members and healthcare team members. To uphold legal and ethical principles in practice. To develop and implement an individualized self-care plan based on established care priorities.

Knowledge

1. Basic understanding of patient care at the primary, secondary, and tertiary levels in surgical and internal medicine settings.

Skills

1. Enhanced theoretical and practical skills required for planning and delivering care to surgical and internal medicine patients across all age groups in clinical and other healthcare settings.
2. Development and implementation of individualized self-care plans based on care priorities.

Competences

1. Ability to evaluate and implement appropriate clinical care procedures and interventions in therapeutic and surgical patient care.

Work organisation during clinical practice

Practice plan may be adjusted according to students' interests. The work plan and schedule may be adjusted in accordance with the practice site (beginning and end of work day, breaks etc).

Students are required to conform to the internal rules and ethical norms of the workplace. Communication in English with supervisors is possible. However, communication in English with clients is not guaranteed, therefore assistance may be required from supervisors or local students.

Criteria for passing clinical practice

At the beginning of every practice phase, the student is asked to fill a practice goal list. The goals are the basis of discussion between the student and his/her supervisor. At the end of practice, the student makes self-evaluation of performance and the supervisor makes his/her comments on the student's work.

During the practice the student prepares a daily work report (work time, patient/client details, and description of actions taken). The student can also process all therapy documentation at the practice site.

Students should demonstrate appropriate skills and knowledge in line with the aims of the course. The practice supervisor provides interim and final evaluations of the student's knowledge and skills according to the evaluation list. The student makes self-evaluation.

The student analyses and prepares patient case reports at all practice periods. The student should be able to demonstrate the chosen evaluation and therapy methods and answer to additional questions.

Specific demands, documentation and evaluation criteria for practice can be discussed prior to practice.