

### Study programme Sport Science, study courses for the academic year 2026/2027

COURSE CODE	STUDY COURSE	STUDY YEAR	TERM	ECTS per SEMESTER	TYPE of ASSESSMENT
					Test:pass/fail Exam: grade
LSPA_487	<u>Swimming Didactic</u>	<b>1</b>	Spring	<b>3</b>	Exam
LSPA_480	<u>Didactics of Sports Games</u>	<b>1</b>	Autumn/Spring	<b>3/4</b>	Test/Exam
LSPA_466	<u>General Physical Preparation in Sports</u>	<b>1</b>	Autumn/Spring	<b>2/2</b>	Test/Exam
LSPA_467	<u>Assessment of functional abilities in sports</u>	<b>2</b>	Spring	<b>3</b>	Exam
LSPA_476	<u>Special Physical Preparation</u>	<b>2</b>	Autumn/Spring	<b>4/4</b>	Test/Exam
LSPA_485	<u>Motion and Sports Games</u>	<b>3</b>	Autumn	<b>4</b>	Exam
LSPA_457	<u>Outdoor Activities I</u>	<b>2</b>	Spring	<b>4</b>	Exam
LSPA_493	<u>Outdoor Activities II</u>	<b>3</b>	Autumn/Spring	<b>1/5</b>	Test/Exam
LSPA_288	<u>Basics and Didactics of Hockey</u>	<b>4</b>	Autumn/Spring	<b>1/1</b>	Test/Exam
LSPA_113	<u>Theory of Sports Training, Pedagogical Improvement II</u>	<b>4</b>	Autumn	<b>4</b>	Exam
LSPA_649	<u>Figure Skating Training theory, Pedagogical Development</u>	<b>3 and 4</b>	Autumn/Spring/Autumn	<b>3/3/4</b>	Test/Test/Exam
LSPA_666	<u>Volleyball, Beach volleyball Training theory, Pedagogical Development</u>	<b>3 and 4</b>	Autumn/Spring/Autumn	<b>3/3/4</b>	Test/Test/Exam
LSPA_665	<u>Track and field athletics Training theory, Pedagogical Development</u>	<b>3 and 4</b>	Autumn/Spring/Autumn	<b>3/3/4</b>	Test/Test/Exam
LSPA_654	<u>Handball Training theory, Pedagogical Development</u>	<b>3 and 4</b>	Autumn/Spring/Autumn	<b>3/3/4</b>	Test/Test/Exam
LSPA_584	<u>Pilates</u>	<b>2</b>	Spring	<b>3</b>	Exam
LSPA_224	<u>Basics and Methodology of Badminton and Frisbee</u>	<b>2</b>	Spring	<b>3</b>	Exam
LSPA_217	<u>Movement Games and Physical Activity Games</u>	<b>2</b>	Autumn/Spring	<b>3/3</b>	Test/Exam
LSPA_093	<u>Basics and Didactics of Nordic Walking</u>	<b>2</b>	Spring	<b>2</b>	Exam
LSPA_582	<u>Health Gymnastics</u>	<b>2</b>	Autumn/Spring	<b>1.5/1.5</b>	Test/Exam
LSPA_610	<u>Yoga and Meditation: Current practices and Solutions</u>	<b>2</b>	Autumn/Spring	<b>1.5/1.5</b>	Test/Exam