

## ABOUT LATVIA

OFFICIAL LANGUAGE  
**LATVIAN**

POPULATION  
**1.9 MILLION**

DENSITY/  
PEOPLE  
PER 1km<sup>2</sup> **30**

CAPITAL  
**RIGA**

POP. 620 000  
METRO. 1 005 000

Arctic Circle

OSLO

STOCKHOLM

COPENHAGEN

HELSINKI

LONDON

BERLIN

PARIS

VIENNA

BERN

MADRID

ROME

LISBON

CURRENCY  
**EURO**

CLIMATE  
SUMMER +20°C to +30°C  
WINTER +5°C to -20°C

AREA  
**64 589 km<sup>2</sup>**

AVERAGE LATVIAN SPEAKS  
**3**  
LANGUAGES

MEMBER STATE OF  
THE EUROPEAN UNION  
AND NATO SINCE 2004

## APPLICATION CHECKLIST

### Documents to be submitted electronically

- ☐ Online application via RSU website
- ☐ Photo/Scan of bachelor's degree diploma and diploma supplement/transcript of grades via [edocs@rsu.lv](mailto:edocs@rsu.lv)

### Documents to be submitted by postal mail

- ☐ Printout of signed application form
- ☐ Hard copies of bachelor's degree diploma and diploma supplement
- ☐ Applicant's CV
- ☐ 1 recommendation letter
- ☐ 2 copies of passport
- ☐ 4 photos (size 3x4cm)
- ☐ Application fee payment slip
- ☐ Proof of English proficiency (international test score)

### Additional documents for non-EU/EEA students

- ☐ Chest x-ray radiograph and radiologist's report
- ☐ Police clearance certificate
- ☐ Proof of financial means sufficient to cover tuition and cost of living

### Application timeline

- ☐ **February admissions**  
EU/EEA: 1 September – 1 December  
Non-EU/EEA: 1 September – 1 November

## QUESTIONS?

### International Admissions Office

#### Rīga Stradiņš University

16 Dzirciema Street, Riga LV-1007, Latvia

+371 67409066; +371 67409094

[admissions@rsu.lv](mailto:admissions@rsu.lv)

[www.rsu.lv/en](http://www.rsu.lv/en)



RĪGA STRADIŅŠ  
UNIVERSITY

# STUDY PUBLIC HEALTH

## MASTER'S DEGREE PROGRAMME



RĪGA STRADIŅŠ  
UNIVERSITY



## RĪGA STRADIŅŠ UNIVERSITY (RSU)

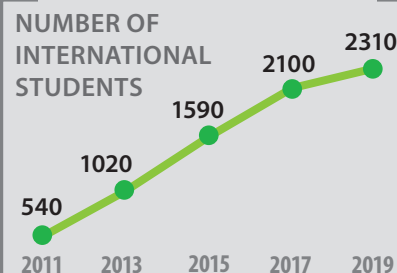
FOUNDED IN  
**1950**

STUDENTS  
FROM **55**  
DIFFERENT  
COUNTRIES

**25%**  
OF STUDENTS ARE  
INTERNATIONAL

**>35** STUDY  
BASES

**>50** PUBLIC  
HEALTH  
STUDENTS



**12** STUDY  
PROGRAMMES  
IN ENGLISH

TOP 6 COUNTRIES  
BY INTERNATIONAL  
STUDENT NUMBER:

GERMANY  
SWEDEN  
FINLAND  
NORWAY  
ITALY  
PORTUGAL

Public health specialists aim is to identify the factors that affect human health, evaluate priorities, recommend, plan and carry out activities that protect and promote a healthy population.

The advantage of this programme is to work in a diverse, interesting and dynamic area that provides preconditions for everyone to have a better quality of life and to live healthier.

Assoc. Prof. Anita Villeruša  
Head of Study Programme

## PUBLIC HEALTH

<b>Degree</b>	Master's Degree of Health Sciences in Health Care
<b>Admissions</b>	February
<b>Programme duration</b>	2 years
<b>Type of studies</b>	Full-time studies in English
<b>Credit points</b>	120 ECTS
<b>Forms of studies</b>	Interactive lectures, classes, seminars and individual work.
<b>Course structure</b>	<ul style="list-style-type: none"> <li>Year 1: Theory of public health, research methods, epidemiology, qualitative research methods and statistics</li> <li>Year 2: Patient rights, professional ethics, business protocol and presentation skills, health care management, etc. Master's thesis</li> </ul>

### WHY STUDY PUBLIC HEALTH AT RSU?

- Diplomas recognised world-wide
- 30 years of experience in educating international students
- Multicultural study environment
- European standard of education in public health with the necessary competences
- Programme is part of the Association of Schools of Public Health in the European Region (ASPHER)
- Studies organised in module system and small groups
- In-depth knowledge of public health and its various fields of practice, such as epidemiology, environmental and occupational health, health promotion, global health, healthcare organization, etc.
- Evidence-based study methods

Public health provides great insight in the ongoing social processes in Latvia and the World, motivating improvements in welfare both on individual/personal and national as well as global level. My personal goal after obtaining the degree is to implement the acquired knowledge in further academic and professional work to advance the well being of the society at large.

Laura, student from Latvia

## APPLICATION REQUIREMENTS

- Bachelor's degree in health sciences
  - Diploma
  - Diploma supplement/transcript of grades
- Excellent English language skills\*
- **Eligibility for master's studies** in the country where bachelor's degree was acquired
- Certifications of practical experience, publications, training and other activities (certificates, awards, diplomas etc.) in the field of public health

\* International test score (e.g. IELTS, TOEFL, etc.)

It is always a big decision for students to choose any university, even more so if that university in another country, but choosing RSU was one of the best decision I have made. It has been an awesome experience for me to study at RSU as an international master's degree student. The staff here are friendly, patient and always willing to help as much as possible.

The university organises events for international students bringing different nationalities and cultures to work together and to have fun.

Lu Zhou, student from China

