

RSU organisational and practical action, confirmed or suspected cases of COVID-19

RSU Work group on the prevalence of Covid-19

The presence of persons with symptoms of respiratory infections (cough, fever, pain, sore throat, shortness of breath, etc.) at RSU is not allowed!

Situation No. 1: RSU employee or student experience a sudden onset of mild to moderate symptoms of respiratory infection

- Wear a face mask
- Keep a distance (2 meters) from others
- Leave the premises of RSU and go home, try to minimise contact with others on the way home (preferably use a personal car; use of public transport is permissible if wearing a face mask)
- Inform the management via phone (students should inform the Dean's office, employees should inform their immediate superior)
- The responsible person/superior registers them for a Covid-19 test: covid.iestades@nmpd.gov.lv or via phone 67337095
- Contact the family doctor via phone
- Follow the recommendations of the family doctor regarding further examination and treatment regimen
- Returning to work/studies is permissible only with a doctor's note

Situation No. 2: RSU employee or student experience a sudden onset of severe symptoms of respiratory infection

- Call the State Emergency Medical Service
- A face mask must be put on the sick person

Situation No. 3: a cluster of cases is detected at RSU (two or more at the same time) with acute symptoms of respiratory infection

- Take the steps as advised in Situation No. 1 + the person responsible must inform the Latvian Centre for Disease Prevention and Control, phone: 67271738; 67270665

Situation No. 4: RSU employee or student who experienced a sudden onset of symptoms of respiratory infection whilst at RSU and went home according to Situation No. 1 receives a positive Covid-19 test result

- The infected person must immediately inform the management (the Dean's office, immediate superior)
- The infected person must follow the recommendations of their family doctor and epidemiologists; returning to RSU is only permissible with a doctor's note confirming a negative Covid-19 test result
- The infected person must be in quarantine during the whole time of the infection

Situation No. 5: RSU employee or student is a contact of an infected person who experienced a sudden onset of symptoms of respiratory infection whilst at RSU, went home according to Situation No. 1 and who has received a positive Covid-19 test result

- The contacts (employees with whom the infected person worked at the same room, fellow students of the infected person, lecturers) must put on a face mask and leave the premises of RSU, go home or to another place of quarantine, try to minimise contacts with others on the way home
- inform the management

- call their family doctor and register for a Covid-19 test
- Follow the recommendations of epidemiologists of the Latvian Centre for Disease Prevention and Control
- Quarantine for 14 days
- Returning to RSU is only permissible with a doctor's note