



Towards healthy and sustainable food systems in the Baltic region
A workshop on the data needs, the policy options available and
the role of transformation partners and stakeholders

Riga, Latvia
28 February–1 March 2019

10 December
Original: English

Provisional programme

Wednesday, 27 February 2019
Rīga Stradiņš University (Senate Hall)

08:30–09:00	Registration
09:00–09:45	Welcome from hosts and co-organisers <ul style="list-style-type: none">- Introduction, background and objectives of the workshop- Participant introductions- Aims and expectations
09:45–10:00	Topic 1: Setting the scene – why data, policy processes and stakeholder engagement are important to transform food systems <ul style="list-style-type: none">- Recap of the FoodSystems4Health project concept- Overview of topics under discussion- Anticipated outcomes
10:00–10:30	Healthy break
10:30–11:15	Topic 2: What types of information about dietary intake and food composition are essential to tailor policies? <ul style="list-style-type: none">- Keynote presentation- Discussion, questions and answers
11:15–12:00	Topic 3: Driving policy processes and evaluating their impact on food supply, diets and behaviour <ul style="list-style-type: none">- Keynote presentation- Discussion, questions and answers
12:00–12:30	Future perspectives: Adapting dietary guidelines to the 21st century
12:30–13:15	Lunch

13:15–14:30	Case study session: food transformations in Denmark and Finland <ul style="list-style-type: none"> - Presentation of principles of change, key actions and activities, results and future directions - Discussion, questions and answers
14:30–15:00	Topic 3: the Baltic region context <ul style="list-style-type: none"> - Situational analysis with regards to healthy and sustainable diets in Estonia, Lithuania, Latvia, Poland and Russian Federation
15:00–16:30	Group work: Needs assessment and prioritization exercise <ul style="list-style-type: none"> - Facilitated by Nordic Council of Ministers - Includes a 10-minute coffee break
16:30–17:00	Feedback session <ul style="list-style-type: none"> - Groups present the outcomes of their discussion
17:00–18:30	<i>Summary and close of day</i>
18:30	<i>Dinner</i>

Thursday, 28 February 2019
Rīga Stradiņš University (Senate Hall)

09:15–09:30	Meet at Riga central food market
09:30–12:00	Food at your fingertips: A guided tour of Riga’s central food market
12:00–12:30	Transfer to Riga Stradins University
12:30–13:30	<i>Lunch</i>
13:30–13:45	Recap of Day 1
13:45–14:15	Topic 4: Changing food culture: what do we mean by this and what are the ways of going about it? <ul style="list-style-type: none"> - Presentation of the Solutions Menu: : A Nordic Guide to Sustainable Food Policy - Discussion, questions and answers
14:15–15:00	Future perspectives: overview of the EAT-Lancet Commission’s findings
15:00–15:20	<i>Healthy break</i>
15:20–16:30	Topic 5: Inter-sectoral action on healthy diets <ul style="list-style-type: none"> - Interactive session and presentation of case studies
16:30–17:30	Group work: Revisiting the priorities of Food Systems 4 Health application
17:30–17:45	<i>Summary and close</i>
17:45	<i>End of day and free evening</i>

Friday, 01 March 2019
Nordic Council Office in Latvia

09:00–09:20	Recap, questions and answers from Day 2
09:20–10:00	Topic 6: Funding priorities and ongoing research projects - Overview of priorities from key funding agencies and relevant research projects
10:00–10:30	Introduction to systems mapping workshop - Overview of day
10:30–11:00	<i>Healthy break</i>
11:00–12:30	Systems mapping workshop
12:30–13:30	<i>Lunch</i>
13:30–15:00	Systems mapping workshop – cont'd
15:00	<i>Summary and close of the workshop</i>