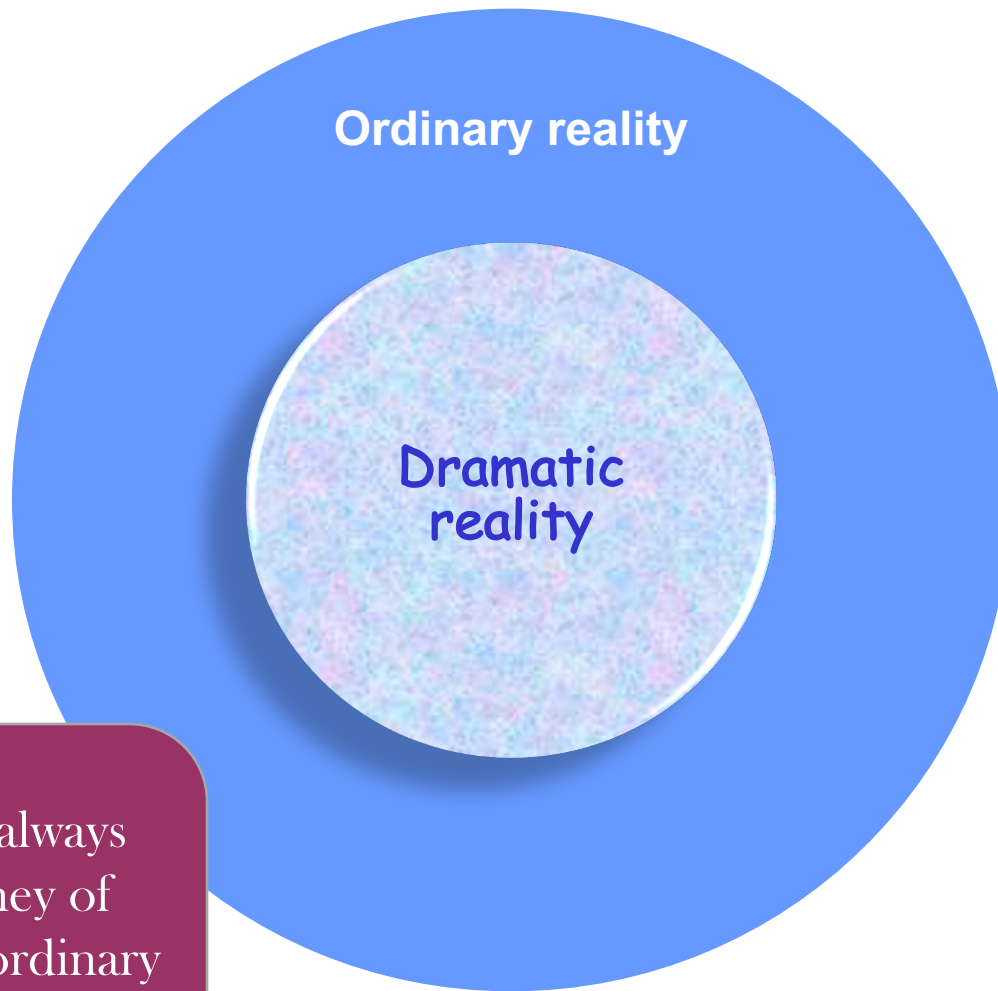




The Six-Key Model for Assessment and Intervention in Drama Therapy

Susana Pendzik, PhD, RDT ©



Drama therapy always
involves a journey of
some kind from ordinary
reality into dramatic
reality

Dramatic Reality

A category of experience that is unique to dramatic interaction, which involves a tangible entrance into an imaginary realm, engaging in make-belief play, in ‘as if’ behavior, etc. It is an island of imagination that becomes materialized in the ‘here and now’ through dramatic as well as other artistic means.

- ❖ *aesthetic space* – Boal
- ❖ *as if* – Stanislavsky
- ❖ *fictional present* – Courtney
- ❖ *liminal field* – Blatner
- ❖ *playframe* – Bateson
- ❖ *playspace* – Johnson
- ❖ *possible worlds* – Elam
- ❖ *potential space* – Winnicott
- ❖ *subjunctive mood* – Turner
- ❖ *surplus reality* – Moreno
- ❖ *theatrical reality* – Vakhtangov

Fantastic Reality



- ❖ Imagination
- ❖ A mental construct
- ❖ Mind process
- ❖ Potential
- ❖ Infinite possibilities
- ❖ Invisible

Dramatic Reality

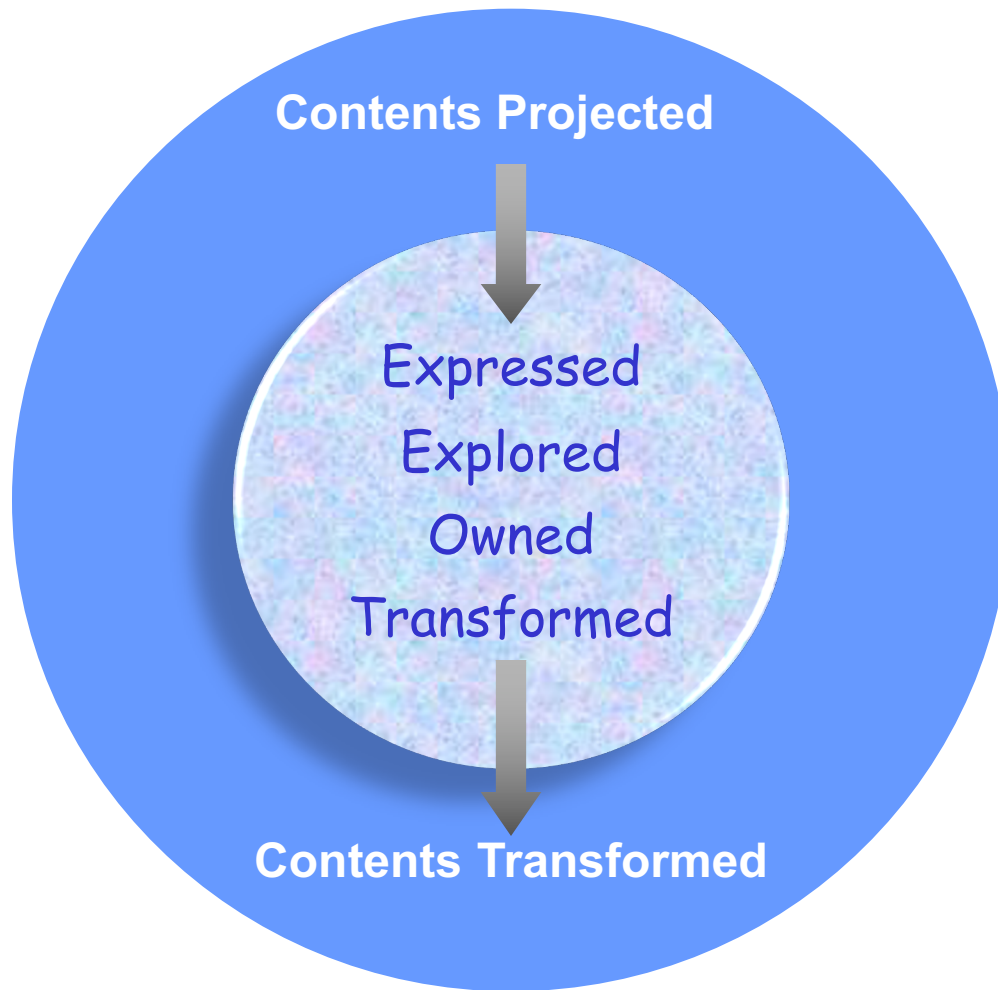


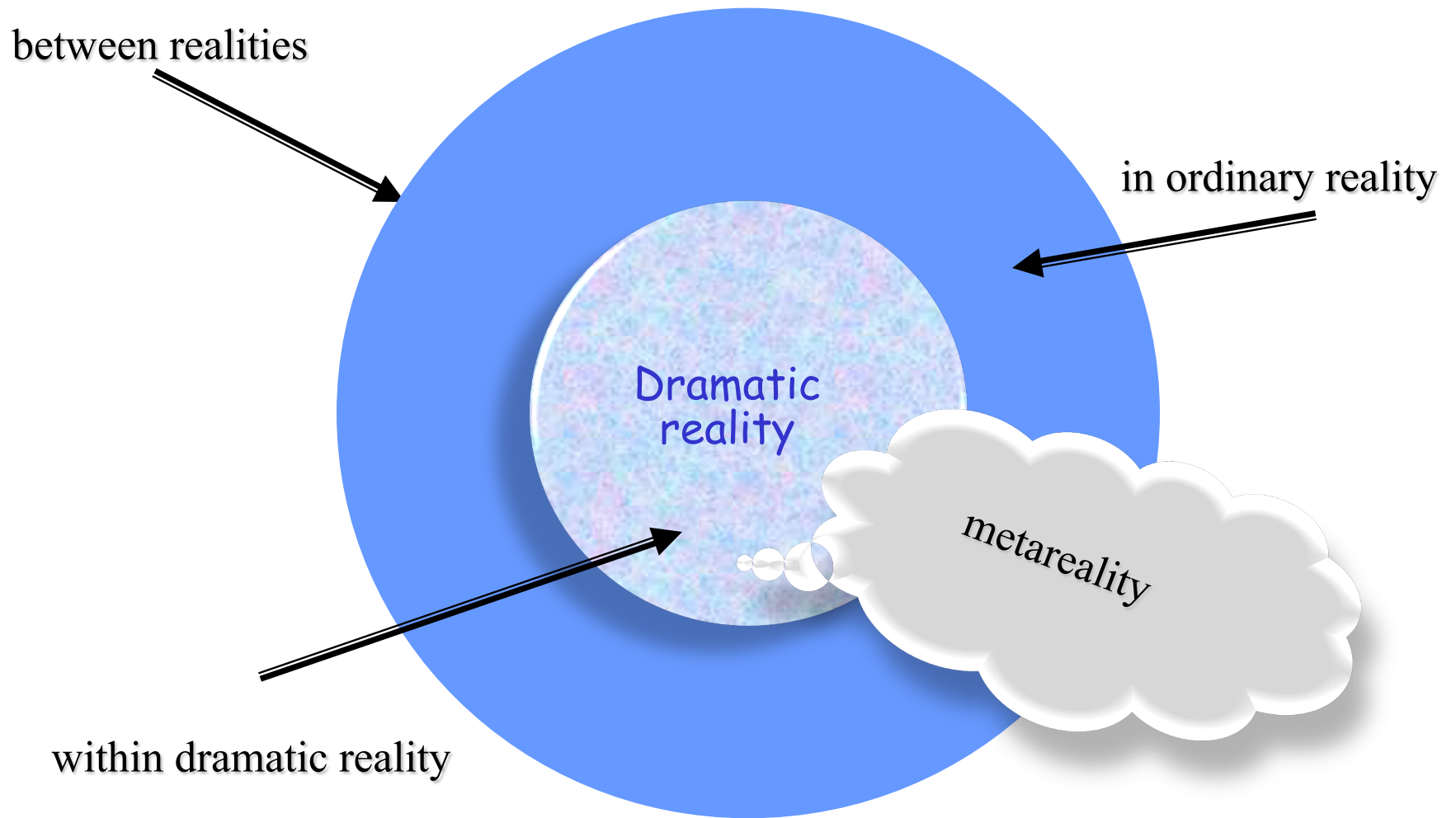
- ❖ Imagination shaped as actual form
- ❖ An embodied construct
- ❖ Body-Mind process
- ❖ Potential concretized
- ❖ Negotiating possibilities with reality
- ❖ Invisible made visible

The border between FR and DR

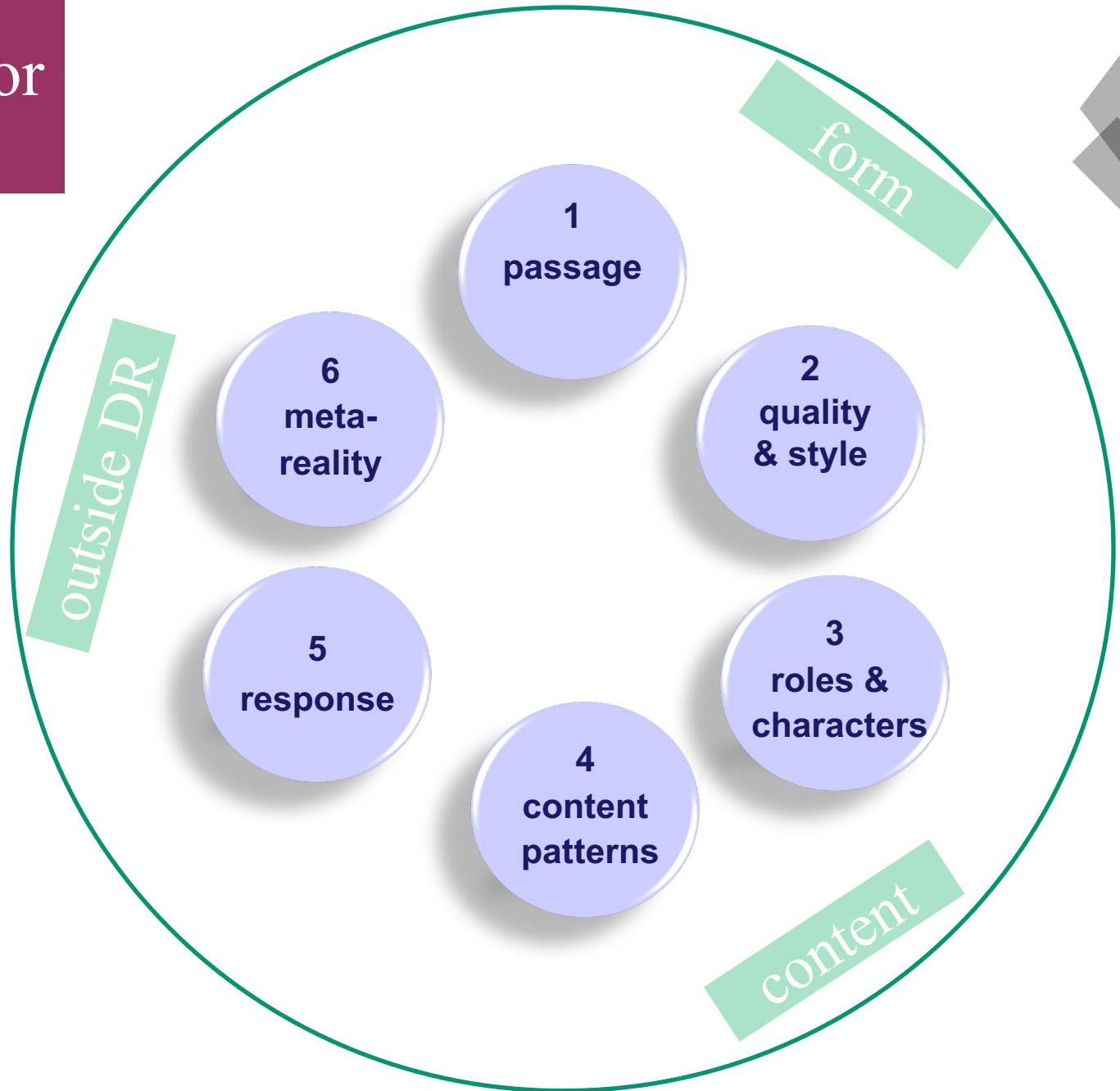
Susana Pendzik







The 6 keys
are points for
observation





Key 1

The passage: Entering and exiting dramatic reality

How is the transition made? Are there difficulties in the transition? What facilitates the passage?

Key 2

The quality and style of dramatic reality

Quality

How “good enough” is it?

- ❖ Poor
- ❖ Adequate
- ❖ Good
- ❖ Very good
- ❖ Excellent

Style

aesthetic distance

Genre

EPR

Key 3 Roles & Characters

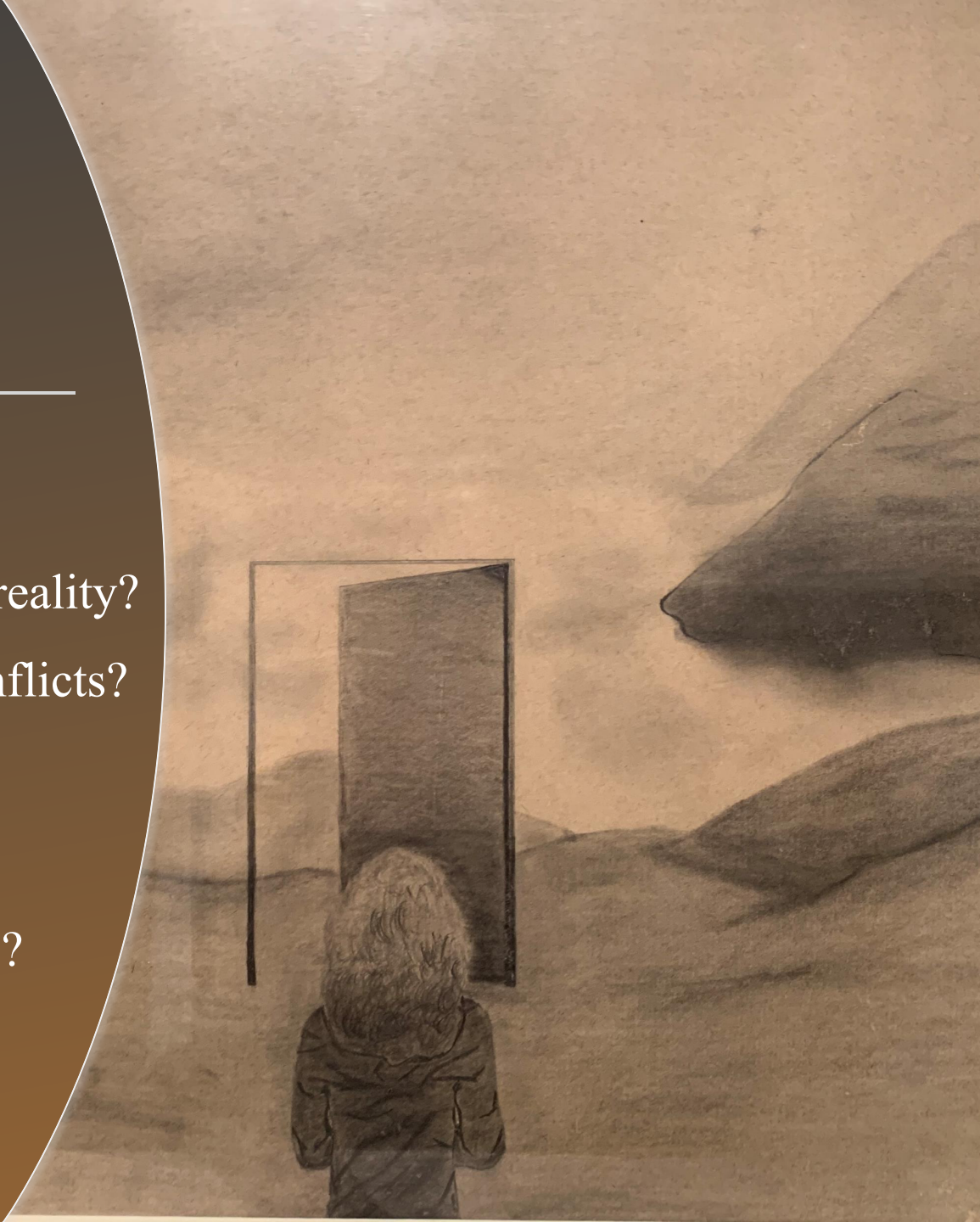


- ❖ Who inhabits dramatic reality?
- ❖ Who doesn't get there at all?

Key 4

Content patterns: Plot, themes, conflicts, symbols

- ❖ What happens in dramatic reality?
- ❖ What are the emerging conflicts?
- ❖ What themes come up?
- ❖ Is there a story or a plot?
- ❖ What are the main symbols?





Key 5

The response to dramatic reality

- ❖ enjoyment,
- ❖ meaning
- ❖ ascribed value
- ❖ judgement

Key 6 Meta-reality

The untold
unconscious content,
transference/counter
transference

...the
invisible...

The Six-Key Model's Attributes

It conceptualizes
dramatherapy (as
well as other
creative arts
therapies) in their
own terms.

It provides a
structure for
incorporating
field specific
elements.

It is compatible
with other forms
of psychotherapy
and able to
integrate other
theoretical
models.

It allows to make
informed and
effective
interventions.

1
passage

2
quality

3
characters/roles

4
content patterns

6
meta-reality

5
response

6-key model
Susana Pendzik, PhD, RDT