


**5. Starptautiskā zinātniski praktiskā konference
VESELĪBA UN PERSONĪBAS ATTĪSTĪBA:
STARPDISCIPLINĀRĀ PIEEJA
2019.gada 25.-27.aprīlī**

**5th International scientific practical conference
HEALTH AND PERSONALITY DEVELOPMENT:
INTERDISCIPLINARY APPROACH
25 – 27 April 2019**

**Rīgas Stradiņa universitāte • Rīga Stradiņš University
Medicīnas izglītības tehnoloģiju centrs • Medical Education Technology Centre
Anniņmuižas bulv. 26a, Rīga • 26a Anniņmuižas Blvd., Rīga**

Conference programme¹

25 April	
Medical Education Technology Centre, 26a Anniņmuižas Blvd. Conference hall, Room 130	
9:00 – 9:30	Participant registration
9:30 – 1:00	Opening 5-year anniversary of the Department of Health Psychology and Paedagogy. (K.Mārtinsone) Psychology education at RSU – presentation of website (K.Šneidere and A.Gēgerniece) Integration of research into the study process for the development of psychological practice (K. Šneidere) RSU Psychology Laboratory – for the development of a praxis in psychological help (J.Koļesņikova and J.Ļubenko) Presentation of an electronic monolingual glossary of research terminology (K.Mārtinsone and A.Pipere)
Symposium INTERFRAME-LV² A Context of Psychological help 9:30- 11.30, Conference hall, Room 130 <i>Chairs: LAS academics Prof. Baiba Rivža, Prof. Sergejs Kruks and Prof. Kristīne Mārtinsone</i>	
	
10:00 –10:20	INTERFRAME-LV: in support of interdisciplinary and interinstitutional cooperation (B.Rivža)
10:20 –10:40	Training willpower as a precondition for sociability: traces of the philosophy of Romanticism in Latvian politics (S.Kruks)
10:40 –10:55	The social environment as a precondition for sociability: Geert Hofstede's value index applied to Latvian society (D.Kalniņa)
11:55 –11:10	Psychological help in Latvia – terminology and groups (R.Bortaščenoks and K.Mārtinsone)
11:10 –11:20	The history of professional groups providing psychological help in Latvia (B.Purvīce)
11:20 –11.30	The practice of self-help as a type of psychological help (I. Paičs, K.Mārtinsone, J.Ļubenko)
11:30 - 11:45 Break	

¹ Conference programme is subject to change

² Conference section supported by the project INTERFARME-LV

Topical issues in the acquisition and application of the Latvian Clinical Personality Test for professionals
Conference hall, 11:45 - 12:15, Room 130

Viktorija Perepjolkina, Jeļena Koļesņikova, Kristīne Mārtinsone, Ainārs Stepens



12:15-13:00 Lunch Break

Psychological Assessment 13:00 - 15.00, Room 146 <i>Chairs: Assist. prof. Jeļena Koļesņikova and</i> <i>Assist. Rudīte Terehova</i>	Methods of psychological assistance for various client and patient groups 13:00 - 15.00, Room 130 <i>Chairs: Lect. Indra Majore-Dūšele and</i> <i>Assist. Aelita Vagale</i>	Professional competence and professional identity 13:00 - 15:00, Room 134 <i>Chairs: Researcher Baiba Purvīce and</i> <i>researcher Rolands Bortaščenoks</i>
Interpretation of profiles from the Latvian Clinical Personality Test (M.Taranda, V.Perepjolkina, J.Koļesņikova)	Art therapy as a type of psychological help (J.Duhovska)	Supervision programme IKS for the development of teachers' professional competencies (Z.Kalniņa, N.Jansone-Ratinika)
Adapting the Emotion Regulation Skills Questionnaire in Latvia. (I.Paiča, K.Mārtinsone, M.Taube)	MePlusMe web-based intervention feasibility study results in a sample of RSU students. (J.Ļubenko, A.Porozova, I.Gaspars).	Supervision from the perspective of the client and the participant in entrepreneurship within the context of action theory (N.Roze, S.Šuriņa)
Development of the Attitude to Ageing Questionnaire (Z.Ulmane)	Application of psychological interventions in patients with chronic pain (J.Harlamova)	Subjective feelings of success in entrepreneurship: prognostic criteria (I.Dreifelde, M.Zakriževska)
Adaptation of the Questionnaire on Self-Regulation (I.Dreifelde, M.Zakriževska)	An assessment of quality of life and social rehabilitation opportunities for patients during the treatment of oncological diseases (I.Jansone, D.Erkena)	The mutual relatedness between personality trait indicators, self-respect and collective self-esteem of art therapists in Latvia (Z. Kriķe, K.Mārtinsone, B.Purvīce)
The first stage of adapting the Mysticism Scale (D.Bitēna, K.Mārtinsone)	Application of the twelve-step programme in out-patient addiction treatment (A.Vagale)	Development of art therapists' professional identity <i>E.Akmane</i>
Adaptation of the Cognitive Error Questionnaire (L.Regzdina, K.Mārtinsone)	Maternal non-verbal alignment to a child and behaviour problems in the child (K.Vende-Kotova)	The development of a professional identity during the study placement (A.Krūmiņa, J.Koļesņikova)
Adaptation of the Manager Conflict Management Style Questionnaire (L.Babure-Šabane, K.Mārtinsone)	Auditory processing and verbal factors predicting reading skills in first graders: longitudinal study data. K.Labaniene, Vilnius University, Lithuania	The BART model as a conceptual framework for the work analysis of a supervision group (L.Miķelsone)
<i>Discussion</i>	<i>Discussion</i>	<i>Discussion</i>

15.00 - 15:15 Break

Psychological assessment 15:15 - 16.45, Room 146 <i>Chairs: Assist.prof. Ingūna Griškēviča and Assist. Kristīne Šneidere</i>		Psychological assistance methods for various client and patient groups 15:15 - 16.45, Room 130 <i>Chaits: Assist. Jana Duhovska and lect. Kristīne Vende-Kotova</i>	
The opportunities and limitations of art-based assessment instruments. Example: A human picking an apple from apple tree. (J.Ciniņa, K.Mārtinsone)		Music therapy to reduce disability in stroke patients: a systematic review of randomised control trials with metanalysis (S.Šuriņa, J.Duhovska)	
The changes in cognitive processes in the digital era and their impact on psychological assessment (I.Griškēviča)		An assessment of three receptive and active music therapy techniques oriented towards resource-awareness for cancer patients during the subacute rehabilitation phase (J.Duhovska, I.Millere)	
Adaptation of Intelligence Structure test: the first stages. (I. Jokste, J. Ļubenko)		Awareness-based work model of dance and movement therapy for patients with chronic pain (I. Majore-Dūšele)	
Challenges in data collection for patients with dementia (R.Terehova, J.Ļubenko)		Development of art therapy programmes in museums and their approbation for patients with dementia (D.Serga, R.Terehova)	
Use of objective measures in assessing cognitive reserve: a rapid review. (K.Šneidere, A.Stepens)		Work model for the development of basic principles of art therapy for work with various client/patient groups (A.Upmale, I.Majore-Dūšele)	
A study on perfectionism: target groups and measures (I.Jokste)		Response art as a practice of self-care for art therapists (J.Volonts, School of Visual Arts, USA)	
16:45 – 17:00 Break			
Panel discussion: Opportunities and challenges in the development of professional competencies in various professional environments 17:00 - 19:00, Room 235 <i>Moderators: Baiba Pumpiņa. Participants: Assist.prof. K. Circenis, lect. E. Apine, lect. S.Hartmane, lect. S.Lāce, lect. M.Paipare</i>			
26 April Medical Education Technology Centre, 26a Anniņmuižas Blvd.			
8:45 – 9:15	Participant registration		
Plenary session. Invited speakers' reports Conference hall, Room 130 <i>Chairs: Prof. Inga Millere and Assoc.prof. Signe Tomsone</i>			
9:15 – 9:30	Opening of the second day of the conference (Prof. I.Millere, Dean of the Faculty of Public Health and Social Welfare)		
9:30 – 10:00	APOE4 as a genetic risk for Alzheimer's-type dementia: effects on the brain and cognition across the lifespan (J.Rusted, University of Sussex, Great Britain)		
10:00 – 10:45	The neurobiology of purposeful behaviour (E.Vinnik, Champalimaud Neuroscience Program, Portugal)		
10:45 – 11:00	Discussion		
11:00 – 11:30 Break			

Symposium: Qualitative research in developing a psychological help practice
Conference hall, Room 130

Chairs: Prof. Anita Pipere and lect. Toms Pulmanis

11:30 – 12:10	The role of qualitative research in social and health care sciences (V.Žydzūnaite, Vytautas Magnus University, Lithuania)
12:10 – 12:50	Exploring the creative art of living (T. Muller, Lancaster University, United Kingdom)
12:50 – 13:10	Conducting-grounded theory research: at social risk family context (R. Augutavicius, Mykolas Romeris University, Lithuania)
13:10 – 13:30	<i>Discussion</i>

13:30- 14:30 Lunch break

Qualitative research for the development of the practice of psychological help
14:30-17:30, Conference hall, Room 130

Chairs: Researcher Baiba Purvīce and lect Juris Zuitiņš

14:30-14:50	Latvian cultural trauma, stories and healing: a qualitative study through the prism of analytical psychology (E.Volfa Vestergaard, Pacific Postgraduate Institute, USA)
14:50-15:05	Qualitative studies and their prospects in health psychology (A.Pipere, Latvia)
15:05-15:20	The history of qualitative research in psychology (B.Purvīce, Latvia)
15:20-15:35	Studying social representation: qualitative research method (R.Bortaščenoks, Latvia)
15:35-15:50	Fathers' experiences with palliative child: interpretative phenomenological analysis (J.Zuitiņš, Latvia)
15:50-16:00	<i>Discussion</i>

16:00 – 16:15 Break

16:15-16:30	Interview analysis: grounded theory (I.Majore-Dūšele, Latvia)
16:30-16:45	35-44 old male health concerns: qualitative research results (V.Silkāne, Latvia)
16:45-17:00	Objectivity of qualitative research methods (V.Silis, Latvia)
17:00	<i>Discussion</i>

27 April
WORKSHOPS
9:00 - 19:00, Medical Education Technology Centre, 26a Anniņmuižas Blvd.

8:50–9:00	Room 146 Participant registration	Room 134 Participant registration	Room 235 Participant registration
9:00-12:00	Neurobiological basis for the treatment of depression (E.Vinnik, Champalimaud Neuroscience Program, Portugal)	Is phenomenology the best approach to health care research? Application, challenges, benefits and limitations (V.Zydzianaite, Vytautas Magnus University, Lithuania)	Application of response art as a practice of self-care and a non-verbal form of processing the therapeutic relationship (J.Volonts, School of Visual Arts, USA)
12:00 – 12:45 Lunch break			
12:30-12:45	Room 146 Participant registration	Room 133 Participant registration	Room 235 Participant registration
12:45–15:45	Psychobiology of cognitive ageing and dementia (J.Rusted, University of Sussex, Great Britain)	Supervision – teaching and learning through emotions (B. Pumpiņa, L. Sprūde, Latvia)	The practice of qualitative research: interviewing and writing (T. Muller, Lancaster University, United Kingdom)
15:45 – 16:00 Break			
15:45-16:00	Room 133 Participant registration	Room 134 Participant registration	
16:00 – 17:30	Development of somatic and emotional awareness in supervision (L.Bērziņa, Latvia)	Present challenges for organisational psychologists or How to attract the best employees? (E. Čukurs, Latvia)	