

RSU

Student Services guide

2026/2027





Your study journey starts here!

Starting your studies is an exciting milestone and the beginning of a new chapter. This guide is designed to help you become familiar with the university, understand the study process, and discover useful information for everyday life at Rīga Stradiņš University (RSU).

We wish you a successful and fulfilling study journey!

**RSU Student Services
International Student Association**



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RSU Leadership



Aigars Pētersons
Rector, Professor



Haralds Plaudis
Vice-Rector for Studies,
Professor



Agrita Kiopa
Vice-Rector for Science,
Chair of RSU Council of Science



Toms Baumanis
Chancellor



Jānis Gardovskis
Chair of the Senate

RSU Faculties



**Faculty of
Pharmacy**



21 Konsula iela
Room 209



ff@rsu.lv



**Faculty of
Medicine**



16 Dzirciema iela
Block A, floor 5, room 509



mf@rsu.lv



**RSU Academy
of Sport**



333 Brīvības gatve



lspa@rsu.lv



**Faculty of Social
Sciences**



9c Kuldīgas iela
Room A-215



szf@rsu.lv



**Faculty of Health and
Sports Sciences**



26a Anninmuižas bulvāris
Room 314-1



vszf@rsu.lv



**Faculty of
Dentistry**



20 Dzirciema iela
RSU Institute of Stomatology
Room 229



sf@rsu.lv



**Department of
Doctoral Studies**



21 Konsula iela
Room 113



dn@rsu.lv



**Department of
Residency**



16 Dzirciema iela
Block B, floor 2, rooms 204-205



rn@rsu.lv



**RSU Kurzeme
Study Centre**



24/26 Rīņu iela,
Liepāja, LV - 3405

Student ID



Benefits of your student ID:

assistance of Student services

books at RSU library

student discount for public transport in Riga

student discounts at other locations

access to study facilities and RSU units available to students

access to pay for library printing and copying services

MyRSU Student Portal

Rīga Stradiņš University students have access to the information platform MyRSU, which provides the opportunity to access their student information and various university electronic resources in one place. The MyRSU Student Portal is also adapted for use in web browsers and smart devices.

Each student is assigned a student user ID number at the beginning of their studies, which serves as the user's access credential for all Rīga Stradiņš University electronic systems related to the study process.

On MyRSU you are able to:

Find information about:

- Study process
- E-courses with study materials (e-studies)
- Grades
- Lecture and class schedule
- Your RSU student e-mail access

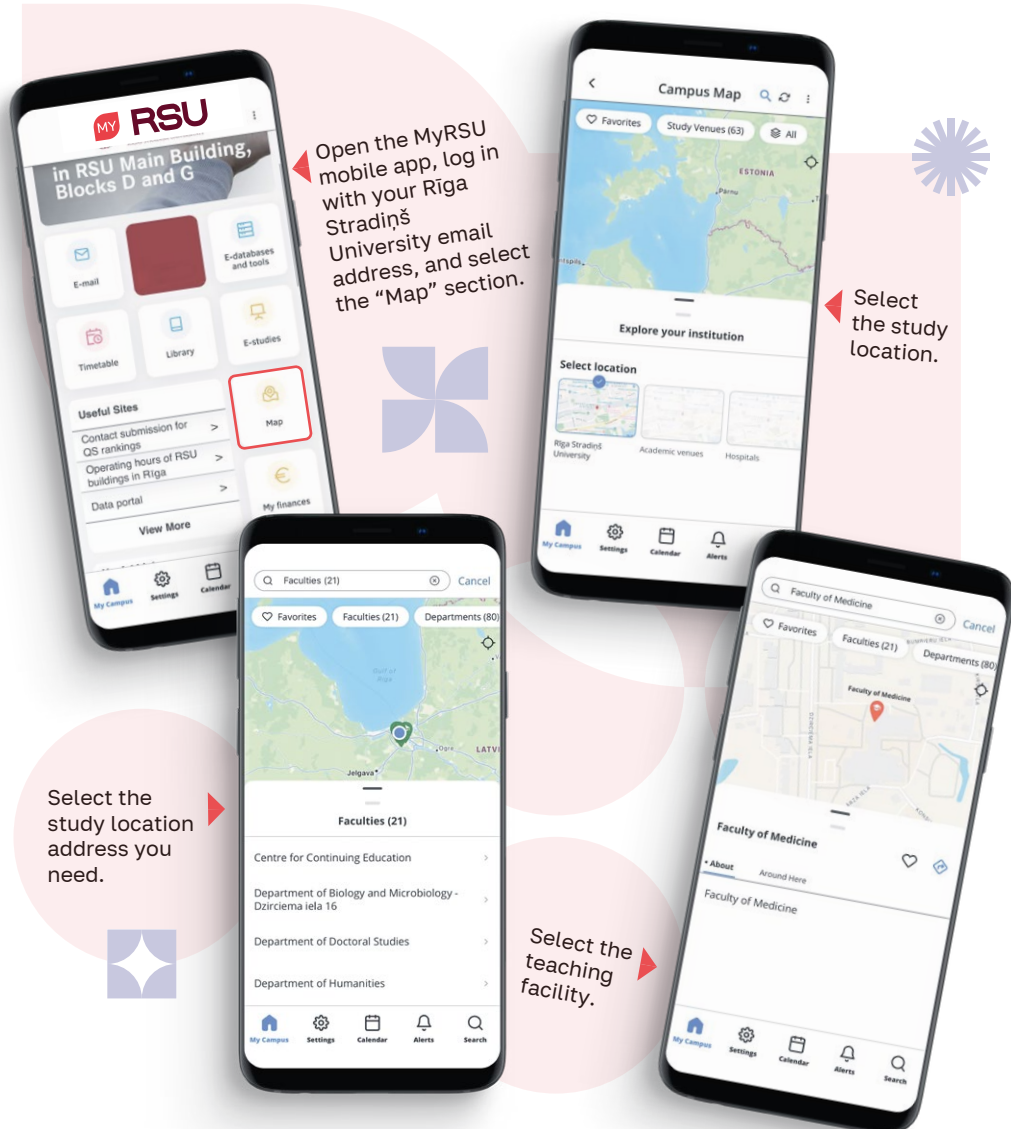
Receive:

- Support from Student Services
- Access to view your financial information
- Access RSU's online databases, etc.



How to get to RSU academic, clinical, and research facilities in Riga?

The study process does not always take place in the main building of Rīga Stradiņš University, as it may be held at any of its teaching facilities. To find the location of the required teaching base, use the Map feature in the **MyRSU student portal app**. When you select an address, several route options for getting there will be displayed.



Applications and Inquiries Requests

Requesting a reference letter

A reference letter confirms your full-time student status at RSU and indicates your current semester. You can request one through the MyRSU portal by navigating to **Applications and Inquiries Requests → Inquiry Request → Status Inquiry**.

Reference letters are issued by Student Services. If you have any questions or require additional information, please contact Student Services directly.

Reference letters can also be customised. In addition to confirming your active student status, study programme, and current semester, they can include information about completed courses, your enrolment and expected graduation dates, and the tuition fees paid for each semester.

If you require any additional information to be included in your reference letter, please contact Student Services.

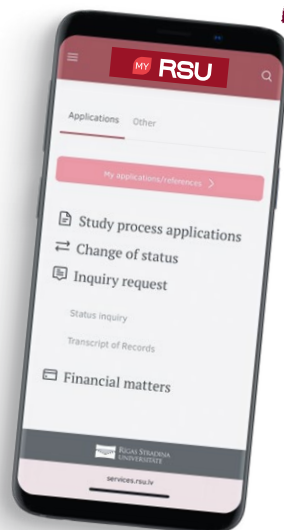
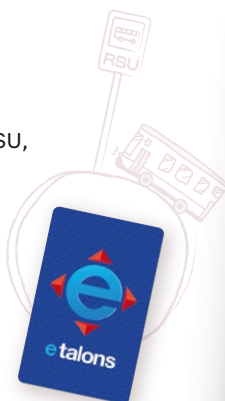
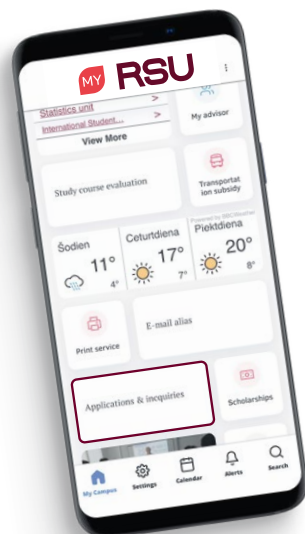
Requesting a reference letter for public transport student discount

To apply for a discount on Riga public transport (Rīgas satiksme):

1. Request a reference letter through MyRSU, as described above.
2. Select **receiver**: RP SIA Rīgas satiksme.
3. Select **language**: Latvian (required by Rīgas Satiksme).

Please note:

- This reference letter is issued digitally only.
- It will be sent to your student email address, along with instructions on the next steps.



Important!

Make sure your passport information in the MyRSU system is up to date, especially if it was recently renewed.

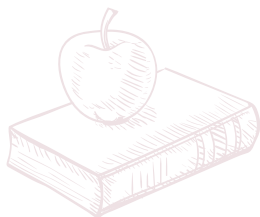
Requesting a transcript of records

A transcript of records is an official document that lists all completed semesters, courses, and final grades. You can request one through the MyRSU portal by navigating to **Applications and Inquiries Requests → Inquiry Request → Transcript of Records**.

Transcripts are issued only after a semester has been successfully completed and all final grades have been published in the My Grades and Evaluations section on MyRSU.

Please note:

- The content of the transcript cannot be modified.
- If you have a failed course in your latest semester, the transcript cannot be issued. Please contact **Student Services** to explore alternative options.

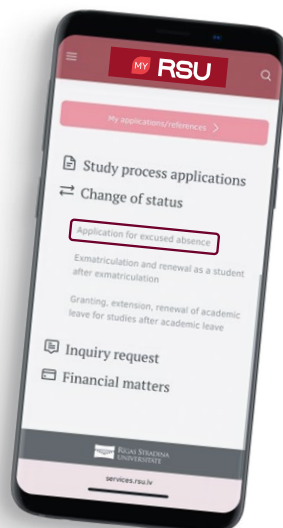
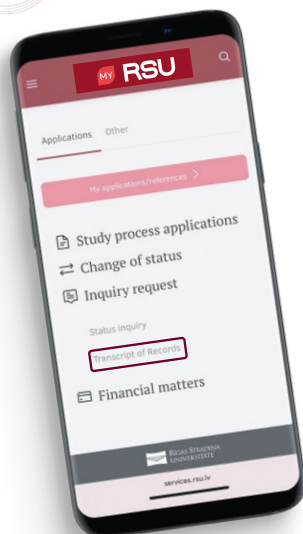


Submitting a sick note

A sick note is required if you missed any lectures or classes due to illness. An excused absence application must be submitted within 5 working days after returning to your studies. You can submit it via the MyRSU portal: **Applications and Inquiries Requests → Change of status → Application for excused absence**.

Please make sure to include:

- The start and end dates of your illness.
- A scanned copy of the sick note attached to the application (both sides, if applicable).



Study Advisor



Each RSU student has access to a study advisor who can provide support during the study process. Advisors maintain closer ties with departments and organisers of the study process.

Responsibilities of the study advisor



Preparing study contracts and agreements

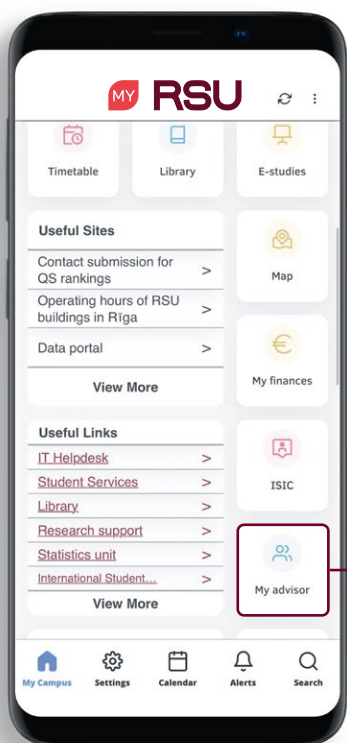
Processing submissions and preparing decrees

Providing support in matters related to tuition fees and invoices

Assisting with study courses and schedules

Technically maintaining and adjusting study plans

Consulting on assessments



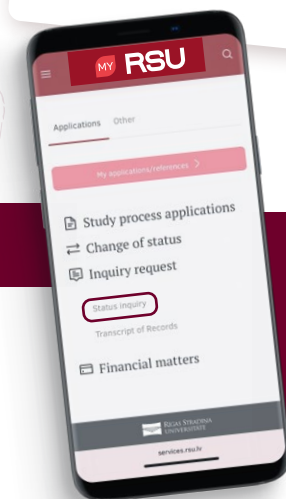
You can find your designated study advisor in your MyRSU profile, along with their email address and phone number.

RSU Student Services

Student Services provide students with general information about RSU departments and services related to the study process, etc .

We will be happy to answer your questions:

- In person
- By phone – 67321321
- By e-mail – studentuserviss@rsu.lv



Services offered

Sending a university newsletter to the email address of students twice a month

Providing information on various study-related matters

Accepting and processing submissions, for example, on the change of the student's status, study process, financial matters, complaints during the study process, and others

Issuing electronic or printed student status references, transcripts of record*, transcripts of skills, and student IDs



rsustudentservices

i ***References, transcripts of record, and transcripts of skills are issued within three working days upon receipt of the request. However, during January, February, June, and July, processing may take up to ten working days.**

Working hours:



Dzirčiema iela 16.
Block K, 1st floor, Room 100

M T W T F S S

9.00–17.00

F S S

9.00–16.00

S S

–

See also the **F.A.Q. section** to find answers to everyday questions

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RSU Career Guidance and Wellbeing Centre



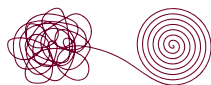
WE OFFER



Individual career counselling



Group career counselling



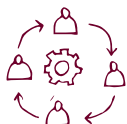
Coaching sessions



Psychologist consultations



Urgent psychological consultations



Social support session



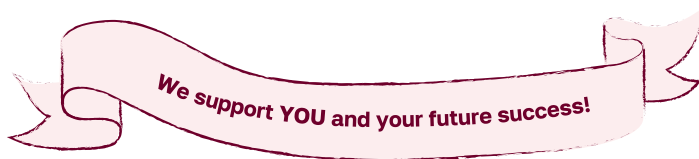
Seminars and events with visiting lecturers



Study information consultations



Sexual and reproductive health counseling



More information about the Career Guidance and Wellbeing Centre



Vilpiņa iela 12, Rīga
Phone: 67409140
E-mail: karjerascentrs@rsu.lv



International Student Association



The International Student Association (ISA) is dedicated to representing, supporting, and enhancing the experiences of all international students at RSU. Our mission is to promote integration and school spirit among both international and Latvian students at our University. We strive to offer diverse opportunities for students to explore and grow their talents, skills, and interests through a variety of academic, social, and cultural programmes.

Help us build an international community at RSU, where cultures connect and grow together!



✉ isa@rsu.lv

📘 [RSU ISA](#)

📷 [@rsu_isa](#)

🗨️ [RSU ISA](#)

Get involved

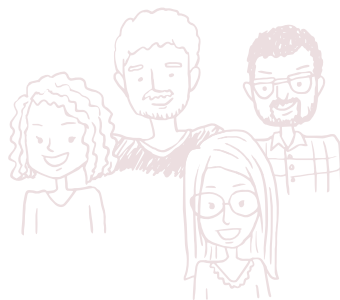
Become an activist and get involved in ISA events. Build relationships that will last a lifetime

Meet us in our office: Dzirciema iela 16, Block C, Room 215

Erasmus+ Programme for Students

A successful Erasmus+ candidate is:

- has a strong academic record,
- is proficient in foreign languages,
- is motivated,
- is actively engaged both socially and professionally.

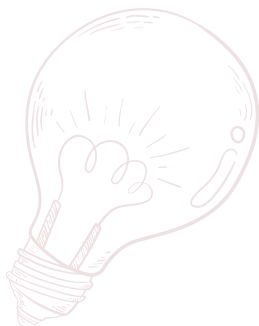


RSU students have the opportunity to participate in the Erasmus+ study exchange for a semester or academic year, as well as in the Erasmus+ traineeship programme for one semester. The programme is open to students from all study programmes and **at all levels of higher education.**

To participate, students must have sufficient knowledge of the foreign language required by the host country or institution, as this is essential for successful study or placement under the Erasmus+ programme.



**More
about us**



**Erasmus+ study exchanges
and traineeships can last from
2 to 6 months
(extension possible)**

**Read about the
experiences of RSU
students here!**



Contact information

Erasmus+ Mobility, RSU Main Building Riga, Dzirciema iela 16, Block K, Room 103
Phone: 67409264, E-mail: mobility@rsu.lv

Sports Club and Athletic Opportunities for Students

Students, academic staff, and employees of Riga Stradiņš University have the opportunity to engage in sports activities. The RSU Sports Club, under the guidance of experienced coaches, also prepares university teams in various sports disciplines for competitions at different levels. The Sports Club also supports athletes in sports for which RSU does not provide training opportunities, enabling them to compete as representatives of the university.



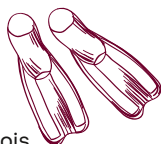
Basketball

Men: coach Māris Gulbis
maris.gulbis@rsu.lv
Women: coach Mārcis Pliens
marcis.pliens@rsu.lv



Volleyball

(men, women)
Coach Inguna Minusa
inguna.minusa@rsu.lv



Swimming (team)

Coach Aleksandrs Dorogojs
aleksandrs.dorogojs@gmail.com

Cheerleading

(men, women without
prior experience)
Coach Emīlija Bogdane
emilija.bogdane@rsu.lv



Ice Hockey (men)

Coach Reinis Rugājs
reinis.rugajs@rsu.lv



Rugby

(men, women)
info@livonia-rugby.lv



Functional Training

Coach Daina Rodke
daina.rodke@rsu.lv



Handball

(women)
Coach Rihards Leja
rihards.leja@rsu.lv

Weight Training

Coach Mārtiņš Markovs
martins.markovs@rsu.lv



Football

(men)
rsufutbols@gmail.com



To start training at the Riga Stradiņš University Sports Club, apply by emailing sports@rsu.lv and indicating your chosen sport.

Additional information:

Head of the Sports Club: Laura Ritova
Sports club e-mail: sports@rsu.lv



RSU Sporta klubs
RSU Sporta klubs



Library

INFORMATION CENTRE FOR HEALTH CARE PROFESSIONALS

📍 Rīga, J. Asara iela 5, Room 239

☎ 67270790

✉ icarstiem@rsu.lv

Working hours:

M ● W ● ● ● ● ● 9.00–17.00
● T ● T F ● ● 11.00–18.00

RĪGA STRADIŅŠ UNIVERSITY MAIN BUILDING

📍 Rīga, Dzirciema iela 16,
Room 101, Block G

☎ 67061521

✉ biblioteka@rsu.lv

Working hours:

M T W T F ● ● 8.30–19.00
● ● ● ● ● S ● 10.00–17.00

Self-service available 24/7!

M T W T F S S 00.00–24.00

RSU ACADEMY OF SPORT LIBRARY

📍 Brīvības gatve 333, Rīga

☎ 67543435

✉ biblioteka@rsu.lv

Working hours:

M T W T P ● ● 9.30–17.00



Students must bring their student ID to borrow books and to use the open-access subscription!

E-book databases:

RSU students can remotely access the library's subscribed databases using their RSU username and password through the MyRSU student portal, in the "Library e-Databases" section.

Popular databases:

- Access Medicine – accessmedicine.mhmedical.com
- ClinicalKey – clinicalkey.com
- Ebook Central (ProQuest) – ebookcentral-proquest-com.db.rsu.lv/lib/rsu-ebooks
- EBSCO eBook Academic Collection – search-ebscobase-com.db.rsu.lv

Handle with care!

Damaged or lost books must be compensated for according to the library's pricing policy.

RSU students can:

- Fully access all library services
- Renew borrowed books remotely by activating your account with a library staff member.

Keep track of due dates – renew your books on time!

A late fee of €0.10 per book applies for each day the book is overdue.

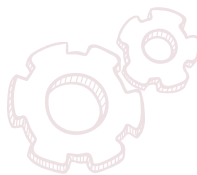
IT Service Centre

The IT Department consists of IT specialists and system administrators from various fields who are committed to supporting the university's academic and administrative staff, as well as students. Their goal is to enable the effective use of information technology to improve and optimise work processes and overall efficiency.



You can receive IT support by:

- Visiting the IT Service Centre in person
- Calling the IT support line – 67061515
- Sending an email to it@rsu.lv or submitting a request via the IT Help Desk system



The RSU IT knowledge base can help you with:

Obtaining or resetting your password

Connecting to the Eduroam WiFi network

Setting up two-factor authentication (2FA)

Installing Microsoft 365, which includes MS Word, MS Excel, MS Powerpoint, MS OneNote, and Microsoft Teams



More information and access to knowledge base



Dzirciema iela 16

Block G, 1st floor, Room 102

Working hours:

M	T	W	T	F			7.45–20.00
					S		9.00–16.00



Top Places on Campus

Need a quiet place to study, but the library is full? Head to the 2nd floor of Block K or the 1st floor of Block C, where **silent learning rooms are available to everyone with an advance booking.**



Potable water is available free of charge throughout



During your free time, feel free to visit the RSU International Student Association's office on 2nd floor Block C, Room 215



At the gift shop,

you will find a wide selection of books and RSU-branded souvenirs, as well as medical coats and faculty scrubs.

If hunger strikes, visit the cafeteria for lunch, or heat up your own meal in the microwave provided.



i **Parking passes** are issued for one calendar year (the draw takes place in December). Follow the RSU Student Union (Studējošo pašpārvalde, SP) Facebook page and the student newsletter for updates.

For more information about environmental accessibility at RSU premises:



Dzirciema iela

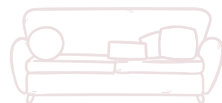


Main Building at 16 Dzirciema iela

Make the most of the warm weather by enjoying the fresh air in the RSU courtyard or Inspiration Park.



Smoking is prohibited on RSU premises!



Looking for additional relaxation areas and freely accessible rooms for study sessions? Find out more about the freely accessible rooms here:



The library on the 1st floor Block G, Room 101, will remain accessible to students also during the renovation!



RSU Family Health Centre working hours:

M	●	●	●	●	●	●	●	9.00–17.00
●	T	●	T	●	●	●	●	10.00–19.00
●	●	W	●	●	●	●	●	9.00–17.00 (children's day)
●	●	●	●	P	●	●	●	8.00–16.00



Finansial Aid

Financial aid for studies at RSU is available to citizens of the following countries:

Finland: Apply for financial aid through Kela
Norway: Apply for financial aid through Lånekassen
Sweden: Apply for financial aid through CSN
Denmark: Apply for financial aid through SU
The Netherlands: Apply for financial aid through Dienst Uitvoering Onderwijs

The requirements and specific details of each loan are provided only by the issuing institution. RSU will support its students where it can, however the decision remains with the issuing institution.



Immigration procedures are mandatory for all international students at RSU.

Having already applied for a Temporary Residence Permit (TRP), non-EU/EEA students must remember to renew it annually. EU/EEA citizens instead apply for a Latvian eID card valid for five years. Detailed information is available on the RSU website under the Immigration Procedure section.

To begin the process or receive assistance, please contact the team at immigration@rsu.lv.

Immigration procedures



ID card (example)



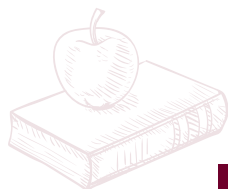
Residence permit (example)

ISIC Card

ISIC gives you access to great discounts both on tasty snacks to keep you energized during your studies and on entertainment with your new classmates in your free time.

With ISIC, you can:

- enjoy useful everyday discounts on coffee, books, cinema tickets, clothing, and more;
- use discounts while travelling – at tourist attractions, museums, hostels, and other destinations worldwide.



**DOWNLOAD
IT NOW!**

Useful information

Information about
**Study and
environmental
accessibility:**



Events calendar:



Access key
RSU documents:



Find instructions related to the study process – including how to request references, apply for study credit, use the room booking system, access specific e-resources, locate study-related contacts, and more on Wiki Knowledge Base:

