

Seminar

RESULTS AND PROSPECTS OF THE PROJECT
“COOPERATION WORKSHOP WITH A GERMAN AND LITHUANIAN PARTNER
ORGANIZATION ON THE USE OF THE “NUDGING” METHOD IN PROMOTING
HEALTHY EATING HABITS IN SOCIETY”

Online, Zoom

September 14th, 2022

AGENDA

September 14	
10.00 - 10.10	Opening and welcome Una Veseta (LV), project coordinator Ieva Pranka (LV), head of the Office of Baltic-German Universities
10.10 – 10.30	University lunch restaurant offer and trends Guntis Bredovskis (LV), Baltic restaurants
10.30 – 10.50	Nutrition and health behaviour trends among adolescents and adult population in Latvia Iveta Pudule (LV), Senior Public Health Analyst at Centre for Disease Prevention and Control of Latvia
10.50 – 11.10	Study Design „Assessment of nutritional habits of students in health-oriented programs in Latvia, Lithuania and Germany in order to implement nudging in university canteens of these programs to improve dietary habits using Nudging method“ Māra Kampara (LV), Eva Kataja (LV), Riga Stradiņš University
11.10 – 11.20	Environmental conditions and challenges in canteen in Hamburg University of Applied Sciences (regarding the study design) Prof. Dr. Sibylle Adam (DE), Prof. Dr. Anja Carlsohn (DE), Hamburg University of Applied Sciences
11.20 – 11.30	Environmental conditions and challenges in canteen in Lithuanian University of Health Sciences (regarding the study design) Assoc.Prof Vilma Kriaučionienė (LT), Lithuanian University of Health Sciences
11.30. – 11.40	Environmental conditions and challenges in canteen in Riga Stradiņš university (regarding the study design) Māra Kampara (LV), Eva Kataja (LV), Riga Stradiņš University
11.40 – 12.00	Questions and discussion
	<i>Closing</i>

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