

Conference Programme

Day I Thursday, 15 October

9.30–10.00 *Registration and morning coffee*

Introduction

10.00–10.10 **Welcome talks**

10.10–10.30 ***Arts Across Sectors: Competences for Collaborative Practice***

Eeva Siljamäki, PhD, researcher, educator and art practitioner (Finland)

10.30–11.15 **From Teaching to Learning: Perspectives on Education and Training in Culture and Health**

Anda Ķīvīte-Urtāne, Director of the Institute of Public Health, Rīga Stradiņš University (Latvia)

Rarita Zbranca, Programme Director, The Cluj Cultural Centre (Romania)

Krista Petäjäjärvi, Head of the Secretariat, Northern Dimension Partnership on Culture

Joyal Mary Jiji, student, Lithuanian University of Health Sciences

Jakub Krajnak, student, Estonian Academy of Music and Theatre

11.15–11.45 *Artistic activity and change of location*

Dance by Alise Putniņa

Formal education in culture and health

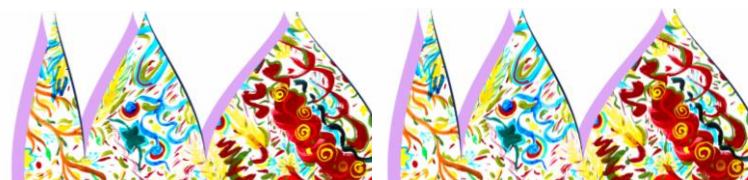
11.45–12.00 **Culture and Health Curricula at Nordic Universities: an overview**

Elīna Bresle, Arts and Health Specialist, Northern Dimension Partnership on Culture

12.00–12.15 ***Culture and Health. Managing Cross-Sector Initiatives: a joint microqualification programme by three Baltic universities***

Ilona Asare, Head of the Lifelong Learning Centre, Latvian Academy of Culture

12.15–12.50 **Four WITAC Pilot Initiatives: Approaching Culture and Health as a Professional Field**



12.50–14.00 *Lunch break*

Non-formal education in culture and health

14.00–14.10 *Artistic activity*
Calligraphy by Dace Pūka

14.10–14.25 **Museums on Prescription: Training Link Workers and Facilitators**
Baiba Roze, Link Worker, Culture and Health Latvia

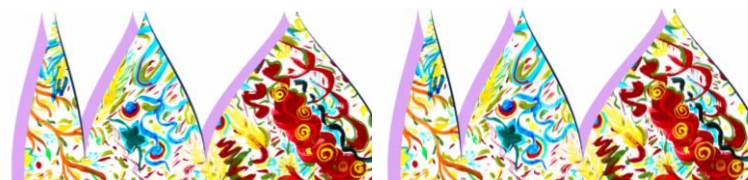
14.25–14.40 **The RED NOSES Healthcare Clowning Education System**
Lukáš Houdek, clown artist, lecturer and coach, RED NOSES International

14.40–14.55 **Festival SPA: A Pathway Toward a Mentally Sustainable Art Curation Practice**
Santa Remere, Artistic Director, New Theatre Institute of Latvia, and programme curator of the Homo Novus festival

14.55–15.10 **Mutual Learning through Collaboration: The Experience of Estonian National Museum and Tartu University Hospital Psychiatric Clinic**
Kaari Siemer, Head of the Education Department, Estonian National Museum
Dagmar-Christel Mähar, Psychiatry Clinic, Tartu University Hospital (Estonia)

15.10–15.25 **“More Arts, More You”: a toolbox for building an arts and mental health campaign**
Giulia Gotti, Communications Manager, Northern Dimension Partnership on Culture

15.25–16.00 *Artistic activity and changing location*
Body percussion by Einike Leppik



Conclusions

16.00–16.45 Culture and Health in the Baltics: Status Quo and Next Steps for Policy, Education and Funding

Ingrida Grincevičiūtė, Adviser, Mental Health Unit, Ministry of Health of the Republic of Lithuania

Atis Egliņš-Eglītis, Deputy Mayor, Cēsis Municipality (Latvia)

Dagmar-Christel Mähar, Tartu University Hospital (Estonia)

Dāvis Sīmanis, Rector, Latvian Academy of Culture

Kornelia Kiss, Head of Culture and Health, Culture Action Europe

16.45–17.00 *Closing performance*

We Are All Learning to Be Nice to Each Other: Compliment Disco

Eva Vēvere, artist, curator and educator

17.00–18.00 *Afternoon coffee and tea, informal networking*

All day *Installation*

Beyond Beyond

MØR collective (Denmark), local producer: New Theatre Institute of Latvia

Day II Friday, 16 October

9.30–10.00 *Registration and morning coffee*

Sharing methods

Location: All sessions in the RSU central building

10.00–10.30 Introduction and briefing, finding the workshop spaces

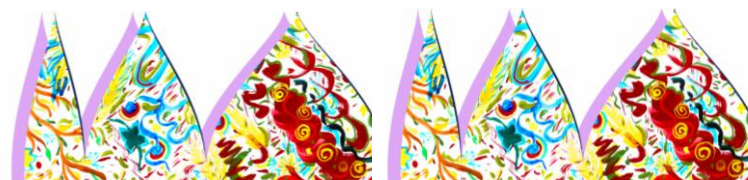
10.30–12.00 Workshop round 1

1. **Self-Care and Safeguarding When Working with Vulnerable Audiences**, Arts for Health Austria
2. **Culture and Health in a Warming World**, Culture Action Europe
3. **Care Is a Collective Verb: Co-Designing Art Interventions for Youth Well-Being**, The Cluj Cultural Centre (Romania)

Learning to Care:

Education and Training
in Culture and Health

Riga • 15-16 October



12.00–13.00 *Lunch break*

13.00–14.30 **Workshop round 2**

1. **Self-Care and Safeguarding When Working with Vulnerable Audiences**, Arts for Health Austria
2. **Culture and Health in a Warming World**, Culture Action Europe
3. **Care Is a Collective Verb: Co-Designing Art Interventions for Youth Well-Being**, The Cluj Cultural Centre (Romania)

A second chance to join a workshop you missed in the morning round.

14.30–15.30 **Coffee break, workshop feedback round, conclusions and farewell**

16.30–18.00 *Study visit*

“The Unaccounted: Technologies of Life and the Human of the Future”

Pauls Stradiņš Museum of the History of Medicine

Exhibition visit, open to all participants.

We are looking forward to welcoming you in Riga!

If you have any questions, please write to daiga.kovale@lka.edu.lv.