

MONTH _____

HABIT ___



Your habit tracker

Our lives are made up of hundred of habits.
Do you control them or do they control you?

Setting goals is already half of the job!
We offer you the RSU habit calendar for a more successful everyday life in your new student status.

Good luck!



HABIT
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
/
COMPLETED/
HABIT
1 2 3 4 5 6 7
8 9 10 11 12 13 14
$ \overbrace{15}) \overbrace{16}) \overbrace{17}) \overbrace{18}) \overbrace{19}) \overbrace{20}) \overbrace{21} $

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COMPLETED _

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31

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15 (16) (17) (18) (19) (20) (21)
22 23 24 25 26 27 28
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COMPLETED
HABIT
1 2 3 4 5 6 7
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(30)

COMPLETED _

20 18 25 27 30 31 COMPLETED ____ HABIT_ 30 COMPLETED __

HABIT_